



Homework Week 1

Absolutely everything starts in the mind as our thoughts kick-start a powerful process ensuing results. It goes like this: from a thought to a decision, from a decision to an action, from an action to a result. It is up to us to take control of our mind to get the results that we want, and I want to share with you 12 questions you can ask yourself today that will lead you to a wealth mindset.

Clarity is powerful as it enables you to lead powerfully: from strategizing to designing, planning, deciding, focusing and acting, so that you can make it happen.

Each of these questions will guide your thinking, and their answers will help you move forward.

Wealth Questions

Our wealth is unique to us: your wealth is different than mine, and yours is different than your partner, colleague, or a friend's definition. It is important to identify what your wealth is, as I believe that our wealth is comprised of many components – being, doing and having, which when fulfilled, will bring you ultimate satisfaction. This is your true wealth. Defining your own wealth is the first step in making it happen. Start your answers with, "I am wealthy when I am..., I do..., I have...".

1. What will be my yearly/monthly salary when I am wealthy?
2. What will be will my bank balance when I am wealthy?
3. What will I invest in when I am wealthy?
4. What will I do for work when I am wealthy?
5. How will I give back when I am wealthy?
6. What will I do for my family and friends when I am wealthy?

7. What do I want to have when I am wealthy?
8. Where do I want to live when I am wealthy?
9. Where will I live when I am wealthy?
10. How will I feel when I am wealthy?
11. What makes me excited now that I am rich?
12. What is too much wealth?

The questions above should begin to give you clarity on your beliefs about wealth, what you will do with your wealth and why you want to be wealthy.

In the next few weeks we will take the answers to these questions and begin to develop a plan to create the wealth you desire. This plan will be focused around the **Activities**, **Alignment**, and **Achievements** you are willing to commit to for the acquisition of wealth.

For this week, just look at the questions below and begin thinking about what the answers might be. I will give you more tools to better assess your situation and develop a strategy as we work together.

Activities Questions

This series of 5 questions is amazing to assess your current activities, and help you focus onto the next steps of implementation. I review these questions every 3 months to see if I am on track.

1. What should I start doing to become wealthy?
2. What am I doing now that keeps me from being wealthy?
3. What should I continue doing to build wealth?
4. What should I do more of to build wealth?
5. What should I do less of to build wealth?

Alignment Question

Before jumping in into an activity and executing it, it is important to actually double check this activity is aligned with your overall BIG picture. You'd be amazed at the

amount of activities that you might be doing, that are misaligned with your goals, and are taking you away from your path. Ask yourself the following question, and if the answer is not a direct and congruent yes, don't do it.

1. Does *(insert your activity)* bring me closer to one of my goals to create wealth?

Achievement Questions

These 3 questions will help you frame your projects, so that you get the most out of them. And, it starts, right from the onset! The first 2 questions will help you focus on an outcome and needs – too often, people start something without having a clear idea of what it is they want to achieve and what will they need to make it happen. The 3rd question will help you visualize the accomplished project; I highly recommend spending time think about this one: what you see, what you hear, what you feel, this will support you along the way.

- 1 What do I want to achieve in terms of financial success?
- 2 What do I need to make wealth happen (think of actions, resources, support)?
- 3 How do I know when I will have achieved wealth?

Achieving what you want in life, career and business starts with knowing the answers to these powerful questions. And, when answering, be free: no limits, no filters, no judgements.

Until next week

Live Rich!

Cindy